

Please read the following aftercare instructions carefully and follow them closely to ensure the best possible outcome from your **PRP Scalp Treatment**.

Avoid Touching the Treated Area: Refrain from touching, rubbing, or applying pressure to the treated area for at least 24 hours after the treatment.

Hygiene: Keep the treated area clean and dry. Avoid using hair products, such as gels or hairsprays, for at least 48 hours following the treatment.

Showering: You may shower and wash your hair as usual, but avoid using hot water or steam on the treated area for at least 24 hours.

Heat Exposure: Avoid exposure to direct sunlight, tanning beds, saunas, and hot tubs for at least 48 hours after the treatment.

Hair Styling: Avoid tight hairstyles or hair accessories that may cause tension on the treated area for at least 48 hours.

Exercise: Refrain from engaging in strenuous physical activities, such as intense workouts or sports, for at least 48 hours following the treatment.

Monitor for Side Effects: Some people may experience minor side effects, such as redness, swelling, or tenderness at the injection site. These should subside within a few days. If you experience severe pain, infection, or any other concerning symptoms, contact your healthcare provider immediately.

Follow-up: Schedule a follow-up appointment with your healthcare provider to assess the results of the treatment and discuss any additional treatments or maintenance needed.

Patient Acknowledgment:

I have read, understood, and agree to follow the aftercare instructions provided above. I understand that failure to comply with these instructions may negatively impact the results of my PRP Scalp Treatment.

It is essential that you have read all of the information available. Please do let your practitioner know if you have any questions or if you do not understand any of the aftercare instructions provided.

I confirm that I have read and understood all the information on this Form and that I have been given the opportunity to ask any questions that have come to mind throughout.